



Activity Evaluation for year 2015

Family Help Center specialises in prevention. Our effort is that families raise their children with love, responsibility and in safety, they enjoy life together and have home into which all family members are glad to come back. Families who experience different life difficulties and problems turn to us, as well as families who want to build their relationships responsibly and educate themselves in family and raising children issues.

Family Help Center activity consists of three principal areas:

The first one is **counselling** in **social, psychological, pastoral and legal area**. The experts give individual attention to clients during office hours as well as during families' visits in their homes.

The second area covers **work with self-help groups** which meet in order their members help and support each other and educate themselves.

The third area is **education and prevention**. We organise and coorganise courses, talks and conferences as well as individual consultations in marriage and parenting issues and social family issues.

Natural Family Plannig counsellors work in Family Help Center and they educated 50 couples in the year. From these, 34 infertile couples came because of Greighton Model Fertility Care System with the aim to become pregnant. 10 from them became pregnant within the year.

Family Help Center keeps organising The Sara Project which is popular not only in families but also in volunteers. In Family Help Center we want to support all those who want to help without a claim for remuneration, as volunteers. That's why we offer them supervision and possibility to educate themselves informally.

Since 2014 we have cooperated with Jesuit Pastoral Center in Piešťany where we had talks on different topics for parents, we have realised different activities for children and provided social-psychological counselling.

In cooperation with Forum of Christian Institutions and The City of Trnava we organise Family Day. The Trnava Archbishop's Office assumed patronage of this event in 2015.

FAMILY - following activities and events were realised:

Name	Date	Number of participants
Meetings of families with children	Fri 18.00 – 20.00	14 families
Meetings of families with children	Sat 18.00 – 19.30	4 families
Talks on different topics once a month	13 times	193 persons
The Sara Project – real help to a family	the whole academic year	35 families
National Marriage Week	14 Feb 2015	18 persons
The Billings Method Seminar	2 Dec 2015	8 persons
Family Day	23 May 2015	750 persons
Pilgrimage of children and parents in Rajecká Lesná	9 May 2015	42 persons
Novena to the Holy Family	15 – 23 Dec 2015	30 persons
Course of The Symptothermal Method of Natural Family Plannig	24 Feb, 25 March, 28 April 2015	22 persons



Family Day – May 2015. Magician performance in Marian hall.



Photo-reportage – Family Day. Cultural program and rooms where accompanying activities for children and whole families took place. Profamily organisations presented themselves as well as organisations which offer different services for families in Trnava during whole year.

YOUTH – these activities were organised successfully:

Name	Date	Number of participants
Children's meetings	Fri 18.00 – 20.00	9 children
Boys's meetings	Tue 16.30 – 18.00	8 boys
Girls's meetings	Fri 18.00 – 20.00	9 girls
The CVX youth meetings	Sun 18.30 – 20.00	8 young people
Youth meetings	Thu 16.30 – 19.00	15 young people
Seminars for engaged couples	5 times	6 young people



Presentation of Family Help Center in Volunteers to Children event on The Holy Trinity square in Trnava, June 2015.

PARENTS – following activities were prepared and realised:

Name	Date	Number of participants
<i>Breastfeeding and Labour – courses for mums</i>	12 times	33 persons
<i>Marital evenings</i>	12 Feb – 23 April 2015 15 Oct – 3 Dec 2015	14 persons 26 persons
<i>Counselling center for responsible parenthood</i>	Tue 16.30 – 18.00	16 persons
<i>Meetings of single mothers with children</i>	Tue 17.00 – 18.00	6 persons
<i>Gym – floorball for dads and sons</i>	Thu 17.00 – 19.00	15 persons
<i>Meetings of parents of handicaped children</i>	Thu 10.00 – 12.00	6 persons
<i>Meetings of mums with children</i>	Mon 14.30 – 16.30	52 persons



Pilgrimage of children, Rajecká Lesná – May 2015

CHILDREN – we paid attention to children in these forms:

	Name	Date	Number of participants
	<i>The Bible Through the Eyes of a Child</i>	10 times	64 children
	<i>Daytime camp</i>	10 – 14 Aug 2015	35 children
	<i>Children’s playroom</i>	Wed 9.00 – 12.00	6 children
	<i>Children’s fine art workshop</i>	23 Nov 2015	12 children
	<i>Creative workshops for children</i>	Fri 18.00 – 20.00	29 children
	<i>Carnival „From Fairytale to Fairytale“</i>	15 Feb 2015	120 children



The Bible Through the Eyes of a Child 2015

COUNSELLING AND FIELD SOCIAL WORK 2015

<i>Type of counselling</i>	Number of clients	Number of sessions	Total time in hours
<i>Social-psychological</i>	70	229	215,16
<i>Legal</i>	11	13	12,25
<i>Pastoral</i>	10	10	11,5
<i>Social</i>	27	62	40,3
<i>Meetings of a whole family circle</i>	6	2	4
<i>Professional work group</i>	5	1	4
<i>Special-pedagogic</i>	1	6	5,5
<i>Clients of counselling totally</i>	130	323	292,71
<i>Field social work</i>	4	6	6



Marital and parental evenings – they are very favourite courses, in year 2015 14 marital couples took part in them.

OTHER ACTIVITIES:

<i>Name</i>	<i>Number of activities</i>
<i>Cooperation with other organisations</i>	6
<i>Training for staff members of the center</i>	1
<i>Conferences and seminars</i>	4
<i>Expositions in our center</i>	1
<i>Supervised session for staff members of the center</i>	2
<i>Team building session for staff members of the center</i>	2
<i>Coordination session of experts with a family</i>	2
<i>Students training in the center</i>	9



*Prednášky: Richard Vašečka – To Love and to Honour
 Zuzana Podešvová – Natural Family Plannig
 Juraj Sedláček – Fatherly Wounds
 Manželia Fojtíkovci – In Relationship with....*

VOLUNTEERS – we hardly do without them, see for yourselves.

Type of voluntary activity	Number of activities	Number of participants
The Sara Project – real help in families	during the whole acad. year	35 volunteers
In the center on programm meetings	during the whole acad. year	15 volunteers
Family Day	1	60 volunteers
Family Day volunteers session	4	15 volunteers
The Sara Project volunteers sessions	4	48 volunteers
Volunteers to Children	1	8 volunteers
The White Ribbon Campaign The Day of The Unborn Child	1	10 volunteers
Daytime camp	1	12 volunteers
Marital evenings	16	5 volunteers



The Sara Project volunteers training – volunteering in families

Summarization for year 2015

Number of visitors in Trnava center	564
Number of visitors in Piešťany center	94
Number of dealt clients by phone or e-mail	1916
Number of all realised activities	339
Number of all activities participants	1810



Opening of the Exposition Bach 2015 – Music in Painting

MANAGEMENT INFORMATION

Incomes	Amount in Eur
The Society of Jesus – salaries of staff members	24 947,26
The Trnava Region	10 280,00
The City of Trnava	1 000,00
2% of taxes	898,56
The Trnava Archbishop's Office	500,00
Voluntary contributions	2138,69
Membership fees	35,00
Totally:	39 799,51

Expenses	Amount in Eur
The Society of Jesus – salaries of staff members	24 947,26
Operating Costs	8317,71
Taxes and charges	72,80
Material-technical equipment	3515,18
Personal costs (travel, educating of staff members, salaries)	2790,59
Write-off	367,00
Totally:	40 010,54



The Symtothermal Method of Natural Family Planning course for married and engaged couples. Course consists of three sessions and was realised since February till April 2015.

SUCSESSES of Family Help Center and of volunteers in 2015

In 2015 we achieved mark of quality for management of volunteers.



Quality standards of volunteers management are indicator of volunteers management quality which an organisation can achieve if it passes process of self-assessment and external evaluation of volunteers management by instructed evaluaters.



The Animator of the Year 2015 is from Family Help Center!



At the annual event The Animator of The Year the most active young volunteers were awarded again.



Special jury awarded our nominated volunteer and animator Ingrid Königová who has led children meetings in Family Help Center and has animated occasional events and camps.